

Hot this month *The Catskills, pho ice cream, Queer Eye, volcano yoga*

American Airlines 

American Way

JUNE 2018

American Revolution

UPDATING BALTIMORE'S MOUNT VERNON

Hot Springs Eternal

ICELAND'S LOVE AFFAIR WITH WATER

QUEEN *of the* GREEN

Lexi Thompson aims for golf's crown

Thick as Thieves

SARAH PAULSON DISHES ON OCEAN'S 8



PROMOTION

Beauty & Rest

The ultimate guide to a good night's rest

1 Sammi Sleeping System



2 First class luxury sleep set



6 Authentic Brand Moisture Wicking Breathable



8 Temperature balancing, moisture wicking sleepwear



4 Quicker, deeper and more refreshing sleep.



5 Lunya's Restore Romper



7 Handmade by Vietnamese single mothers.



- 1.- SAMMI® THERAPEUTIC PILLOW. Anti-snooring; reduces neck pain; cools head; decreases wake-time; increases deep, restful sleep. Starting at \$119 www.sammipillows.com
- 2.- The Sleepy Cottage, snooze in style with first class accouterments from The Sleepy Cottage. Silky sleep masks and tassel earplugs. \$14 www.thesleepycottage.com
- 3.- Sleep Defense System by Hospitology - Mattress Encasement. Encase your mattress to protect against bed bugs, dust mites, allergies, bacteria, spills and accidents. \$32.00 www.hospitologyproducts.com
- 4.- Youtheory®, sleep nighttime powder. This fast-acting drink mix provides broad-spectrum support for occasional sleeplessness \$17.99 www.youtheory.com.
- 5.- Lunya's Restore Romper. Innovative natural fiber sleepwear that helps you fly more comfortably. Napping on a plane was never so productive. \$168 Free shipping through 6/30/18 with code: FLY www.lunya.co
- 6.- PeachSkinSheets, 1500 Thread Count Soft PeachSkinSheets®, from \$55 for any size sheet set. Use code AW for free shipping. www.peachSkinSheets.com
- 7.- Soundly Sleeping Dragon. 100% silk travel sheet. Packs small, fits large, pocket for pillow. \$55 www.soudtysleepingdragon.com
- 8.- Chill Angel. Luxurious, performance pajamas improve sleep quality in varied environments through natural temperature and moisture regulating properties. \$129.00 www.chillangel.com